

Strategies to Address HCV

HIV Programs & U.S. Viral Hepatitis Action Plan

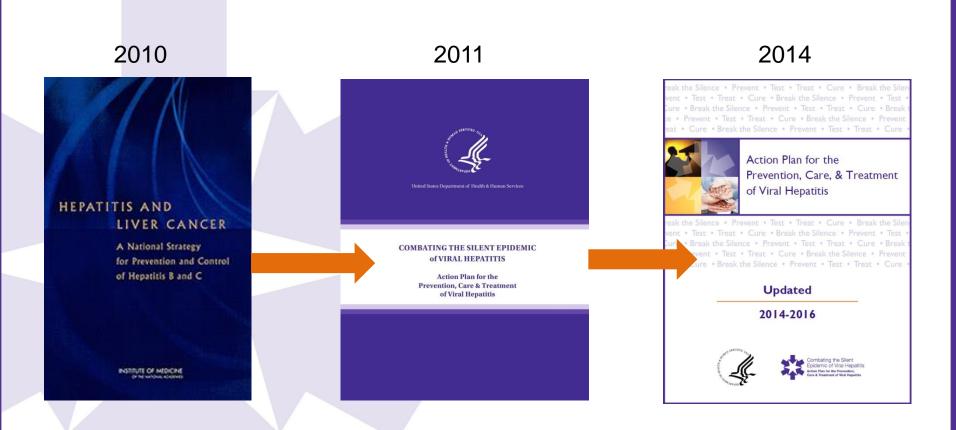
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The Evolution of Our National Response





Intersections of HIV & Viral Hepatitis

Among individuals coinfected with HIV:

- An estimated 25% are coinfected with HCV*
- An estimated 10% are coinfected with HBV

HIV, hepatitis B, and hepatitis C share:

- Modes of transmission: sexual, blood exposure, perinatal
- Vulnerable populations: high risk heterosexuals, MSM, people who inject drugs, others
- Prevention opportunities: education, vaccination for HBV, testing, reducing exposure to contaminated blood
- Health disparities affect some of the same communities

^{*} Prevalence is much higher among people who inject drugs



HIV/HCV Coinfection

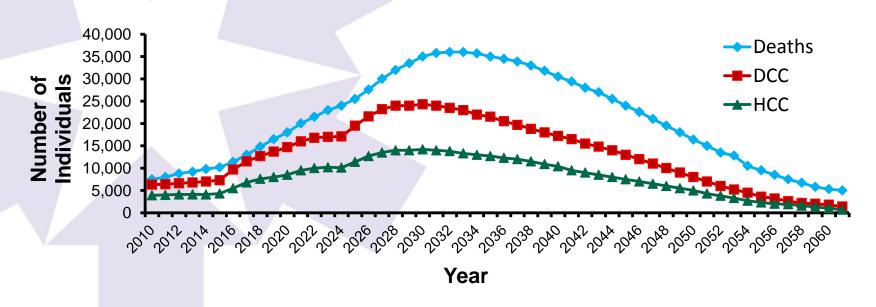
- > HIV hastens progression of HCV-related liver disease
- Liver disease is one of the leading causes of death among people living with HIV/AIDS
- There are increasing reports of HCV infection among HIV+ MSM
 - Associated risks: unprotected rectal intercourse; drug use
- Guidance for HCV treatment makes HIV-1 coinfected patients 'high priority' owing to high risk for complications
- > HCV CAN BE CURED!!!



Modeling the Growing Burden of Hepatitis C in the United States

Of 2.7 million HCV-infected persons

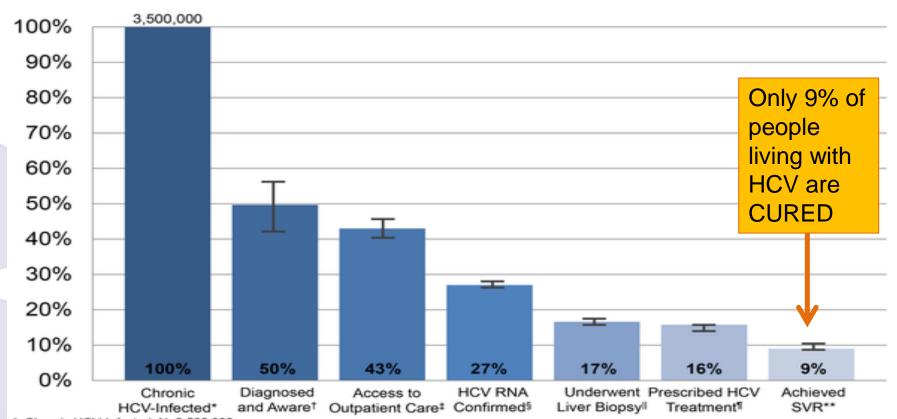
- 1.47 million will develop decompensated cirrhosis (DCC)
- 350,000 will develop hepatocellular carcinoma (HCC)
- 897,000 will die from HCV-related complications



(Based on a model presented by Rein et al. Dig Liver Dis 2011;43:66-72.)



Stages of the HCV Continuum of Care, US



Chronic HCV-Infected; N=3,500,000.

Note: Only non-VA studies are included in the above HCV treatment cascade.

(Yehia et al, PLOS One, 2014)

[†] Calculated as estimated number chronic HCV-infected (3,500,000) x estimated percentage diagnosed and aware of their infection (49.8%); n=1,743,000. ± Calculated as estimated number diagnosed and aware (1,743,000) x estimated percentage with access to outpatient care (86.9%); n=1,514,667.

[§] Calculated as estimated number with access to outpatient care (1,514,667) x estimated percentage HCV RNA confirmed (62.9%); n=952,726.

^{||} Calculated as estimated number with access to outpatient care (1,514,667) x estimated percentage who underwent liver biopsy (38.4%); n=581,632.

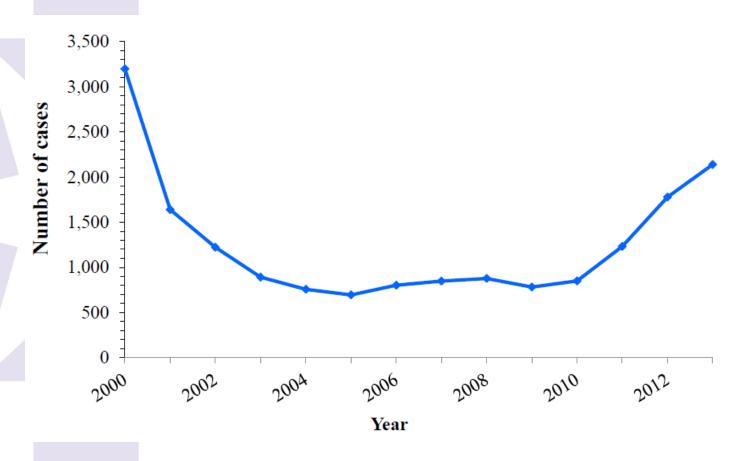
[¶] Calculated as estimated number with access to outpatient care (1,514,667) x estimated percentage prescribed HCV treatment (36,7%); n=555,883.

^{**} Calculated as estimated number prescribed HCV treatment (555,883) x estimated percentage who achieved SVR (58.8%); n=326,859.



150% Increase in Reported HCV Cases 2010-2013

Reported number of acute hepatitis C cases 2000-2013

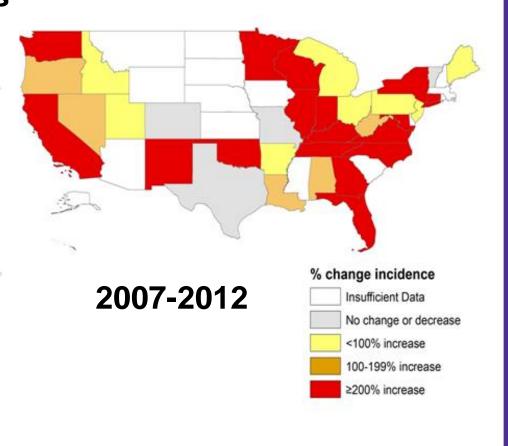


CDC, National Notifiable Diseases Surveillance System



Increases in New HCV Infections

- 50% increase in national reporting
- 200% increase in 17 states
- Recent studies show
 - > ~70% PWID
 - Previous prescription narcotic users
 - Ages 18 to 29 years
 - Predominantly white
 - Equally female and male
 - Non-urban and suburban



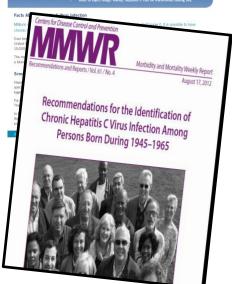
People who inject



CDC & USPSTF Recommendations for HCV Testing

- One-time testing for persons born 1945-1965
- Major risk
 - Past or present injection drug use
- Other risks
 - Received blood/organs prior to June 1992
 - Received blood products made prior to 1987
 - Ever on chronic hemodialysis
 - Infants born to HCV infected mothers
 - Intranasal drug use
 - Unregulated tattoo
 - History of incarceration
- Medical
 - Persistently elevated ALT (liver enzymes)
 - HIV infection (annual testing)





Moyer VA, *Ann Int Med* 2013. MMWR Aug 2012.



Opportunities in the Updated NHAS

NATIONAL HIV/AIDS STRATEGY for the **UNITED STATES**:

UPDATED TO 2020

JULY 2015

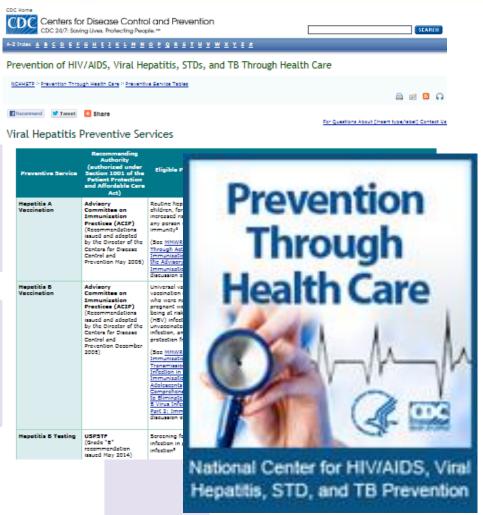


Updated through 2020, the NHAS includes hepatitis in many areas:

- Expand efforts to prevent HIV using a combination of effective, evidence-based approaches
- Support and strengthen integrated and patient-centered
 HIV and related screening
- Address increases in substance use disorders
- Address co-occurring disorders in people with HIV



Affordable Care Act Opportunities



- Elimination of preexisting condition restrictions
- Expanded access to health insurance
- Preventive health care coverage
 - Screening for HBV & HCV
 - Vaccination for HAV & HBV



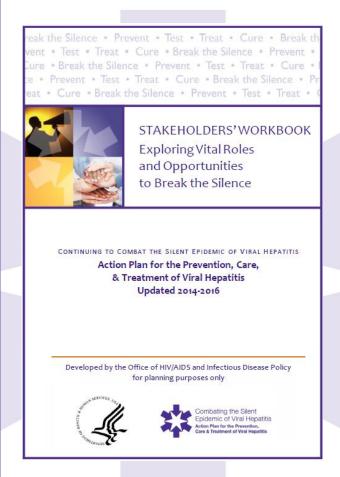
HCV Therapy is Curative

- The goal of HCV therapy is HCV clearance known as sustained virologic response (SVR)¹
- HCV therapy is undergoing a revolution!
- > SVR = CURE
- > OLD therapy: 48 weeks PegIFN/Ribaviron
 - > < 50% cure rates
- ➤ **NEW therapy**: 8 24 weeks all oral therapy
 - > 90-99% cure rates

¹ Ghany M, et al Hepatology 2009;



Stakeholders' Workbook



Purpose: Facilitate opportunities to talk through potential activities, challenges, tools, resources, and partnerships related to each priority area.

- Discussion questions provided, e.g.,
 - What are the best ways to identify persons with chronic viral hepatitis who do not know they are infected? What can your organization do to promote this?
- Sample hepatitis planning sheet to prioritize, set timeframes, & measures

Available at: www.AIDS.gov/hepatitis



"A nation committed to combating the silent epidemic of viral hepatitis"

-Vision of the Action Plan for the Prevention, Care and Treatment of Viral Hepatitis



